

# BOLIVIA - DISCOVER LA PAZ



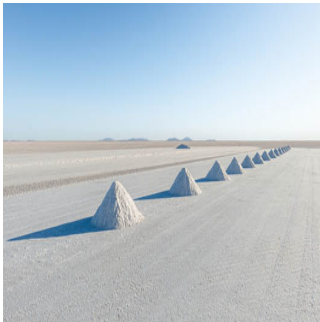
## INTRODUCTION


La Paz, the world's highest capital is a fascinating blend of colonial and indigenous customs, people and architecture, in an exquisite Andean setting. Easily accessible across the border from Peru, this is a brief, but exciting insight into the fascinating and complex country of Bolivia.

## ITINERARY

### DAY 1: Arrival transfer in La Paz

On arrival, please make your way through to the Arrivals Hall where our representative will be waiting for you to transfer you to your hotel. He/she will be holding a sign with your name on it. Please note this service is with a driver only. El Alto airport is the highest International airport in the world at 4,080 metres above sea level.



<b>TRIP CODE</b>
BOTSLPS
<b>DURATION</b>
4 Days
<b>LOCATIONS</b>
Bolivia


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### DAY 1: La Paz

La Paz has a spectacular setting in a deep bowl surrounded by snow-capped mountains of the Altiplano. It lies in the shadow of the towering 6,438m high Mt. Illimani, always snow-covered and visible from many parts of the city. The city (from the main square) is 3,636 metres above sea level but the neighbouring city of El Alto where La Paz International Airport is located lies at over 4,000 metres. Some of the highlights of La Paz itself include Plaza Murillo, San Francisco Church and the "Witches Market" where vendors sell dried llama fetuses and frogs, dried llama dung, herbs, remedies and other ingredients used in Aymara traditions and rituals.



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### DAY 2: Full Day La Paz and Moon Valley Tour

A unique visit to the popular neighbourhoods and markets of La Paz, guided by a “Lustracalzado” or “shoe shiner” will provide a different impression of this unique city. The Lustracalzados are a common sight around La Paz. They can be found on most street corners, however often the lustras will wear a balaclava or face covering to hide their identities and the social stigma and discrimination that their profession attracts. We work with a social project, that helps to employ the lustras as tour guides. This allows them additional income and the project has even paid for some of them to pursue further study and learn English. We hope that by you taking a tour with a lustra guide that this will help break down the social stigmas in place and give them a better future. You will travel up with our main guide on one of the many cable car lines that this vibrant city has, the red line, getting off where your walking tour begins, the main cemetery. On the way back down you can appreciate views of one of the most colourful and scenic neighbourhoods, Ch'uwa Uma, which comes from the Aymara language and means crystalline watershed, representing the Andean culture. You will meet the "lustra-guide" outside the main entrance of the cemetery. After a brief visit, continue walking to the “Fish Street Market”, the “Flower Market” and the “Uruguay Market” where various foods and other local goods are brought and sold. The tour continues to Eloy Salmón Street, lined with shops and stalls selling the latest technology and to the “Cholitas Market” where Cholitas can be seen shopping for traditional skirts and blankets. There is also time to visit the famous witches’ market in Linares and Sagarnaga streets, rich in handicraft shops and stalls selling alpaca or llama wool, jewellery, leather goods, musical instruments, weavings and witchcraft artifacts. Continuing onto the colonial part of the city, San Francisco Church, Gold Museum, Murillo Square and the outdoor replica of the Tiwanaku temple. Lastly, descend to the more modern, southern part of La Paz to reach and visit the Valley of the Moon, where a clay mountain has been impressively shaped by erosion. After the tour has concluded, you will be returned to your hotel. Please note: This is a private tour with a local bilingual guide and Lustracalzado (shoe-shiner) guide accompanying you. The tour will be tailored to your ability and interests and can include more transportation if walking longer distances is a concern. Duration is approximately 5 to 6 hours depending on pace/interests and conditions like traffic. Lunch is included.



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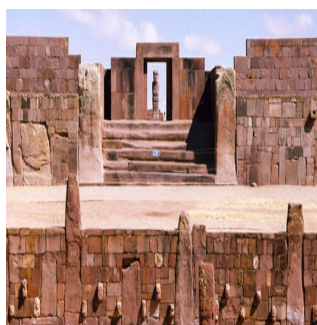
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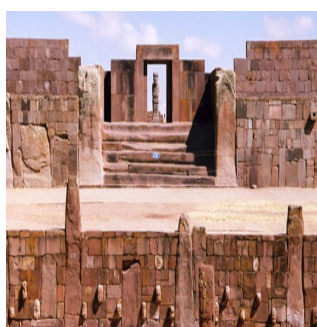
### DAY 3: Tiwanaku Ruins

Tiwanaku is a 1.5 hour drive from La Paz, located near the southern shores of Lake Titicaca on the Altiplano, at an altitude of 3,850 metres. Tiwanaku was the spiritual and political centre of the Tiwanaku culture that dates back to 1500BC - 1000AD. It was one of the most important pre-Inca civilizations and considered to be among the most developed at the time. The Tiwanaku people were outstanding in agriculture, hydraulics, architecture and medicine, as well as in social organization, but due to an economic crisis caused by a long dry season, Tiwanaku collapsed around 1,000 AD. The city of Tiwanaku was the capital of this powerful pre-Hispanic empire that dominated a large area of the southern Andes and beyond, reaching its height between 500 and 900 AD. Most of the ancient city, built largely from adobe, has been overlaid by the modern town. The monumental stone buildings of the ceremonial centre, however, survive in the protected archaeological zones. The main constructions visited during this tour include the Kalasasaya Temple and the Gate of the Sun constructed out of stone, Ponce and Fraile monoliths, the Pyramid of Akapana and the semi-underground temple. We also visit two local museums to view pottery and stone work and to learn more about the culture.



### DAY 4: Transfer to airport for onward destination

You will be collected from your hotel at the appropriate time and transferred to the airport for your onward flight.



#### TRIP CODE

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## INCLUSIONS & DETAILS

#### Accommodation

Hotels

## BOLIVIA - DISCOVER LA PAZ

<b>Inclusions</b>	Private airport transfers Accommodation with breakfast daily Sightseeing with local English-speaking guide Other meals where stated <b>Exclusions</b> International flights Visa and reciprocity fees (if applicable) Travel insurance Beverages Personal expenses Gratuities for guides/drivers Any items not mentioned as included
<b>Difficulty Rating</b>	1 (easy)
<b>Single Surcharge</b>	Available upon request, contact us for more details.
<b>Notes</b>	All entrance fees are subject to change without prior notice. This is a Tailor-Made itinerary which can be customised to create your own unique journey. Contact us to discuss your travel plans.
<b>Price Dependent upon</b>	Season and availability.

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## SUSTAINABILITY

Being environmentally accountable is a crucial part of our organisation. Chimu is currently striving towards using less paper, taking several initiatives to do so and tracking our progress along the way. Our goal: A paperless organisation. For this reason, all information given to you will be sent electronically. We encourage those who choose to travel with us to support our aspirations and actions and ask that you reconsider printing out documentation. To view these documents, you can download them to your iPad or portable computer before and during your trip.

Chimu is passionate and dedicated to sustainability measures and understands the crucial part sustainability plays within the tourism industry.

We use local guides and office staff to both maximise local employment opportunities and minimise carbon footprint. Local guides also ensure you benefit from the intimate knowledge, passion and culture of the country you're visiting. Our guides are all highly qualified (most with university degrees) or equip with many years of experience and are paid above the standard wage. Whether it be our knowledgeable local guides, locally produced meals or the transport on tour, we do not use imported goods when local products are available. We aim to minimise our impact on the environment and give as much back as possible to the communities we work in.

While visiting the many national parks, heritage sites, museums and landmarks our travellers are encouraged to explore remain culturally aware and sensitive. We further encourage you to buy appropriate souvenirs and discourage the buying of anything

## BOLIVIA - DISCOVER LA PAZ

wrongfully made or taken from the environment i.e. shells and endangered species products. Information on how you can be environmentally conscious, and travel responsibly will be made available in our Travellers Guides and provided during your travels by guides and staff.

For more information on our sustainability policies, including how we are striving towards being a paperless organisation, click [HERE](#)

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