

# COSTA RICA & PANAMA - PANAMA CITY EXTENSION




## INTRODUCTION

Travel to Panama City on this Chimu Adventure's extension that allows you to see where the Pacific Ocean connects with the Atlantic Ocean thanks to the proficiency of the Panama Canal. You will be in awe of this modern city that has little remaining of its original city as you discover two of the canal locks in Agua Clara and Miraflores. Visit the remaining old quarter (Casco Viejo) to see cobblestone streets, palm trees and colonial buildings as well as eat in its many trendy restaurants and cafes. For a taste of Panama's wilderness, you will also travel to the Panama Rainforest Discovery Centre with a naturalist guide for a day of birdwatching and animal spotting.

**On this all-encompassing personalised itinerary, Chimu will provide travel logistics for your travel party for the duration of your journey, plus expert guides for all the major sightseeing as per itinerary. Each night you will stay in superior accommodation, handpicked by our experienced team for their creature comforts, convenient locations, and impeccable service.**

## ITINERARY

TRIP CODE
PATSPSO
DEPARTURE
Daily
DURATION
5 Days
LOCATIONS
Panama


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### DAY 1: Arrive in Panama City

Welcome to Panama City, the cosmopolitan capital of Panama. Situated on the Pacific Ocean and along the Panama Canal, Panama City is perhaps the most modern capital in all of Central America. The city was rebuilt after the original city (Panama Viejo) was destroyed by fire in 1671. The city's old quarter (Casco Viejo) is what remains of the original settlement. Both areas are UNESCO World Heritage Sites. Today is an arrival day and you are free to explore at your leisure.



### DAY 2: Panama City Old Quarter & Biomuseum tour

You will tour the city's old quarter (Casco Viejo) including a visit to Plaza Francia, a square which commemorates the people of France who played a role in the construction of the Panama Canal. Here, you will also find the Canal Museum, where you can learn more about the construction of the canal. Today's sightseeing will also take you to the Biomuseo, a museum which celebrates Panama's natural history. The museum was designed by world-renowned architect Frank Gehry and contains a number of indoor and outdoor exhibition galleries to explore.



### DAY 3: Agua Clara & Miraflores

Today you will head to the Agua Clara Visitor's Centre, an observation centre located on the Atlantic Ocean and the site of one of the lock chambers of the Panama Canal. From here you can see cargo vessels transit the canal as well as take in breathtaking views of nearby Gatun Lake. In a projection room you can learn more about the history of the canal before taking an ecological walk. From Agua Clara you will head to the Miraflores Visitor's Centre where you can see another lock from a different perspective. Here, there are four exhibition rooms and a movie theatre and you will take a special private visit to the canal platforms and control cabins.



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## DAY 4: Panama Rainforest Discovery & Gatun Lake

Led by a naturalist guide, you will travel out of Panama City to Gamboa where you will walk the Pipeline Road to the Panama Rainforest Discovery Centre. The facility consists of a visitor centre, observation tower and a number of forest trails and is considered one of the best places to go birdwatching. Here you will have the opportunity to spot hummingbirds, manakins, anteaters, blue cotinga, trogons and toucans as well as aquatic birds such as wattled jacanas, least grebes, herons and snail kites. Other wildlife to keep your eyes peeled for include crocodiles, coatis, butterflies and monkeys. Afterwards, you will head to Gatun Lake and sail on the Panama Canal to the forest banks to look for capuchin monkey, three toed sloth and howler monkeys.



## DAY 5: Depart Panama City

You will be transferred to the airport to depart for your next destination.



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## INCLUSIONS & DETAILS

Accommodation	Hotel
<b>Inclusions</b>	<b>Inclusions</b> Private airport transfers Accommodation with breakfast daily Sightseeing with local English-speaking guide as detailed in itinerary Other meals where stated <b>Exclusions</b> International flights Visa & reciprocity fees Travel insurance Beverages Personal expenses Gratuities for tour guides & drivers Any items not mentioned as included

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<b>Difficulty Rating</b>	1 (easy adventure)
<b>Single Surcharge</b>	A single supplement surcharge applies and is subject to availability. Please contact us for more information.
<b>Notes</b>	Prices are based on per person, twin share. Prices are correct at time of publishing but are subject to change at any time. All entrance fees are subject to change without prior notice.
<b>Price Dependent upon</b>	Seasonality and availability at time of booking.

### SUSTAINABILITY

Being environmentally accountable is a crucial part of our organisation. Chimu is currently striving towards using less paper, taking several initiatives to do so and tracking our progress along the way. Our goal: A paperless organisation. For this reason, all information given to you will be sent electronically. We encourage those who choose to travel with us to support our aspirations and actions and ask that you reconsider printing out documentation. To view these documents, you can download them to your iPad or portable computer before and during your trip.

Chimu is passionate and dedicated to sustainability measures and understands the crucial part sustainability plays within the tourism industry.

We use local guides and office staff to both maximise local employment opportunities and minimise carbon footprint. Local guides also ensure you benefit from the intimate knowledge, passion and culture of the country you're visiting. Our guides are all highly qualified (most with university degrees) or equip with many years of experience and are paid above the standard wage. Whether it be our knowledgeable local guides, locally produced meals or the transport on tour, we do not use imported goods when local products are available. We aim to minimise our impact on the environment and give as much back as possible to the communities we work in.

While visiting the many national parks, heritage sites, museums and landmarks our travellers are encouraged to explore whilst remaining culturally aware and sensitive. We further encourage you to buy appropriate souvenirs and discourage the buying of anything wrongfully made or taken from the environment i.e. shells and endangered species products. Information on how you can be environmentally conscious, and travel responsibly will be made available in our Travellers Guides and provided during your travels by guides and staff.

For more information on our sustainability policies, including how we are striving towards being a paperless organisation, click [HERE](#)

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