



# Day Paddle



# DAY PADDLE

## Personalise Your Adventure.

If you are looking for another way to nurture your inner adventurer, our day paddle excursion might be the perfect fit!

Absorb the majestic scenery from a more intimate vantage point as you paddle through the pristine waters of Antarctica on a sit-on-top kayak.

Our expertly guided, one-time, Paddle Program gives you the rare chance to see Antarctica from the same perspective as most of the wildlife – at the surface of the sea.







## Is the Day Paddle Program for you?

Our day paddle excursions are a great way to feel at one with the sea while enjoying some spectacular glacial scenery and perhaps watching penguins swim directly underneath your kayak.

Our stable, inflatable crafts offer you an intimate experience and are ideal to see Antarctica from a different perspective. They are easy to navigate and don't require any previous experience.

If you want to add some variety to your expedition and have little or no paddle experience, then our day paddle excursion is the perfect addition to your Antarctic voyage.

## What to expect

Our day paddle excursions last 1.5 to 2 hours and are offered to our guests once per voyage. Our experienced guide will lead the small group, consisting of paddlers, one guide and one safety Zodiac driver, safely throughout the paddle excursion while exploring the breathtaking landscapes and wildlife.

We offer a limited number of Day Paddle excursion spaces per voyage and they can be pre-booked. We recommend you book early to avoid disappointment. Additional spaces may be made available for booking on board via our Expedition Team, subject to itinerary and weather conditions.

## Safety precautions

You will be guided by a minimum of one experienced cold-water guide and one safety Zodiac.

You must be an efficient swimmer and join a briefing and sign a waiver before participation.

The wind, weather, and water conditions will determine the timing and location of excursions.

## Minimum Age

We recommend a minimum age of at least 16 years. For passengers 12 - 15 years old, an application must be made before voyage departure, as participation in Day Paddle requires pre-approval. Please ask your booking agent for more information. Passengers under 12 years cannot participate.

## Clothing and equipment

We will provide you with instructions and equipment, including dry suits, neoprene booties, waterproof gloves, and PFD (personal flotation device).

You will be guided as to what to wear under your drysuit before your first excursion.

You will be guided as to what to wear under your drysuit before your first excursion.