

ANTARCTICA - DISCOVERING THE 7TH CONTINENT | OCEAN DIAMOND



INTRODUCTION

This eleven-day Classic Antarctica voyage takes you to the white continent on board the outstanding Ocean Diamond vessel featuring numerous adventure options plus on-board amenities such as a massage and wellness program and a well-stocked polar library.

With flat screen TV's and DVD players in every room, chef cooked meals three times a day and all of its fantastic creature comforts - this is the ship to do Antarctica in style!

You'll be delighted by penguins, seals and seabirds as they accompany you on your journey along the Antarctic coastline. Landing on the continent itself is a memorable highlight, where you'll explore the iconic sights that make this one of the worlds most pristine, exotic and unforgettable natural environments.

**Any offers below are correct at the time of publishing and are subject to change, availability will be confirmed at time of booking. Not combinable with any other promotion. Prices are subject to change based on currency fluctuations, fuel surcharges, and other external factors. No discount applies to any transfer packages. The below prices may also include a 'Pay in full within 30 days from time of booking' which is a 5-10% early payment bonus. Further conditions may apply, [contact us](#) for more information.*

ITINERARY

TRIP CODE

ACTSCLA

DEPARTURE

09/01/2023, 18/01/2023,
26/02/2023, 07/03/2023

DURATION

11 Days

LOCATIONS

Antarctic Peninsula



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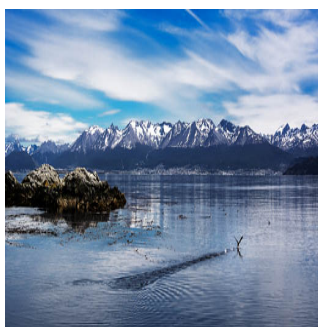
DAY 1: Ushuaia, Argentina

With a population of more than 63,000 people, Ushuaia is the southernmost city in the world. The city has grown over the past few years, yet it has retained an easy going and accessible feel. With the sea to the south and mountains to the north, Ushuaia is a spectacular departure point for your Antarctic cruise. If you arrive early, you can spend some time in the nearby Tierra del Fuego National Park, enjoy some Argentinean wines and steak or succulent lamb dishes in the city, or visit the many boutique shops and cafes before your expedition to Antarctica.



DAY 2: Embarkation Day

You will depart in the late afternoon, after which your vessel will sail down the historic Beagle Channel. This historic channel transects the Tierra del Fuego archipelago in the extreme south of South America. Expect an air of excitement as we depart - the next time you see land we'll be in the world's most southern continent!



DAY 3: Crossing the Drake Passage - Days 3 & 4

Prepare yourself for potentially rough water, but hope for a smooth sailing as the Drake is unpredictable and always changing. You'll spend these first days getting to know your shipmates, while we'll provide safety briefings and insights into what excitement lies ahead.



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DAY 5: South Shetland & Antarctic Peninsula - Days 5 to 8

The most common reaction upon reaching the White Continent is a sense of reverence and awe. The experience is beyond words, since few places are as untouched and enduring as Antarctica. You will begin to appreciate why this region has long captivated the attention of explorers and travelers alike. Every time we visit Antarctica, we witness something new or unexpected, which means that your expedition will be unlike any other—creating a unique, personal experience. Each day, you will take Zodiac excursions from the ship to explore local bays, channels and landing sites. Your Expedition Team will take care of you at each landing, whether you are hiking the Antarctic landscape, visiting a research station or consorting with chinstrap, Adélie and gentoo penguins, all of which can be found here. Keep an eye out for Weddell, fur, crabeater and leopard seals as well as curious whales, such as humpbacks, fins, or perhaps orcas while on a Zodiac cruise. Each excursion will present a new collection of creatures to delight you and keep your camera busy. Amid the serene silence of Antarctica, noisy interludes become indelible memories, such as penguins squabbling over prized pebbles, or the boom and crack of a calving glacier.



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DAY 9: Drake Passage to Ushuaia - Days 9 & 10

The journey back across the Drake Passage provides you with some final opportunities to enjoy the crisp Antarctic air. Spend time on the deck watching for seabirds and scouting for whales, enjoy a few final presentations by your Expedition Team or simply relax and reminisce about your experiences.



DAY 11: Disembarkation in Ushuaia

We'll arrive in Ushuaia in the morning for you to continue your adventure on land or catch your flight home. *** Important - Please be sure not to book flights out of Ushuaia before 12PM (Noon) on the day of disembarkation from your cruise ship.



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INCLUSIONS & DETAILS

Accommodation	Cabin on ship.
Inclusions	<p> All on-board accommodation All meals throughout voyage One night Pre-accommodation in Ushuaia, Buenos Aires or Punta Arenas as indicated in itinerary All shore landings and excursions by Zodiac Leadership guides and lectures by expedition team Photographic journal on DVD, documenting the voyage Complimentary rubber boots during voyage Comprehensive Pre-departure materials Miscellaneous service taxes and port charges throughout the program All luggage handling on-board ship </p> <p>Exclusions</p> <p> Any airfare unless otherwise specified in itinerary Government arrival/departure taxes Any meals ashore (unless specified) Excess baggage charges Personal expenses (such as laundry and telecommunications) Gratuities for staff/crew Optional activities not mentioned in itinerary </p>
Difficulty Rating	2 (light adventure)
Single Surcharge	Available upon request
Notes	This itinerary is subject to change according to climactic conditions. We can place a hold on a cabin without deposit for up to 4 days.
Price Dependent upon	Season and availability.

SUSTAINABILITY

GUIDANCE FOR VISITORS TO THE ANTARCTIC

RECOMMENDATION XVIII-1, ADOPTED AT THE ANTARCTIC TREATY MEETING, KYOTO, 1994

Activities in the Antarctic are governed by the Antarctic Treaty of 1959 and associated agreements, referred to collectively as the Antarctic Treaty System. The Treaty established Antarctica as a zone of peace and science.

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In 1991, the Antarctic Treaty Consultative Parties adopted the Protocol on Environmental Protection to the Antarctic Treaty, which designates the Antarctic as a natural reserve. The Protocol sets out environmental principles, procedures and obligations for the comprehensive protection of the Antarctic environment, and its dependent and associated ecosystems. The Consultative Parties have agreed that as far as possible and in accordance with their legal system, the provisions of the Protocol should be applied as appropriate. The Environmental Protocol was ratified in January 1998.

The Environmental Protocol applies to tourism and non-governmental activities, as well as governmental activities in the Antarctic Treaty Area. It is intended to ensure that these activities, do not have adverse impacts on the Antarctic environment, or on its scientific and aesthetic values.

This Guidance for Visitors to the Antarctic is intended to ensure that all visitors are aware of, and are therefore able to comply with, the Treaty and the Protocol. Visitors are, of course, bound by national laws and regulations applicable to activities in the Antarctic.

PROTECT ANTARCTIC WILDLIFE

Taking or harmful interference with Antarctic wildlife is prohibited except in accordance with a permit issued by a national authority.

Do not use aircraft, vessels, small boats, or other means of transport in ways that disturb wildlife, either at sea or on land.

Do not feed, touch, or handle birds or seals, or approach or photograph them in ways that cause them to alter their behavior. Special care is needed when animals are breeding or molting.

Do not damage plants, for example by walking, driving, or landing on extensive moss beds or lichen-covered scree slopes.

Do not use guns or explosives. Keep noise to the minimum to avoid frightening wildlife.

Do not bring non-native plants or animals into the Antarctic, such as live poultry, pet dogs and cats, or house plants.

RESPECT PROTECTED AREAS

A variety of areas in the Antarctic have been afforded special protection because of their particular ecological, scientific, historic, or other values. Entry into certain areas may be prohibited except in accordance with a permit issued by an appropriate national authority.

Activities in and near designated Historic Sites and Monuments and certain other areas may be subject to special restrictions.

Know the locations of areas that have been afforded special protection and any restrictions regarding entry and activities that can be carried out in and near them.

Observe applicable restrictions.

Do not damage, remove, or destroy Historic Sites or Monuments or any artifacts associated with them.

RESPECT SCIENTIFIC RESEARCH

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Do not interfere with scientific research, facilities or equipment.

Obtain permission before visiting Antarctic science and support facilities; reconfirm arrangements 24-72 hours before arrival; and comply with the rules regarding such visits.

Do not interfere with, or remove, scientific equipment or marker posts, and do not disturb experimental study sites, field camps, or supplies.

BE SAFE

Be prepared for severe and changeable weather and ensure that your equipment and clothing meet Antarctic standards. Remember that the Antarctic environment is inhospitable, unpredictable, and potentially dangerous.

Know your capabilities and the dangers posed by the Antarctic environment, and act accordingly. Plan activities with safety in mind at all times.

Keep a safe distance from all wildlife, both on land and at sea.

Take note of, and act on, the advice and instructions from your leaders; do not stray from your group.

Do not walk onto glaciers or large snow fields without the proper equipment and experience; there is a real danger of falling into hidden crevasses.

Do not expect a rescue service. Self-sufficiency is increased and risks reduced by sound planning, quality equipment, and trained personnel.

Do not enter emergency refuges (except in emergencies). If you use equipment or food from a refuge, inform the nearest research station or national authority once the emergency is over.

Respect any smoking restrictions, particularly around buildings, and take great care to safeguard against the danger of fire. This is a real hazard in the dry environment of Antarctica.

KEEP ANTARCTICA PRISTINE

Antarctica remains relatively pristine, the largest wilderness area on Earth. It has not yet been subjected to large-scale human perturbations. Please keep it that way.

Do not dispose of litter or garbage on land. Open burning is prohibited.

Do not disturb or pollute lakes or streams. Any materials discarded at sea must be disposed of properly.

Do not paint or engrave names or graffiti on rocks or buildings.

Do not collect or take away biological or geological specimens or man-made artifacts as a souvenir, including rocks, bones, eggs, fossils, and parts or contents of buildings.

Do not deface or vandalize buildings or emergency refuges, whether occupied, abandoned, or unoccupied.

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