

## COLOMBIA - LOST CITY TREK



### TRIP CODE

CMTSLCTK

### DURATION

6 Days

### LOCATIONS

Colombia



## INTRODUCTION

Ciudad Perdida or Teyuna is located at the base of Pico Bolívar and Pico Colón within the national park and is surrounded by exuberant nature, a perfect habitat for various bird species. Ciudad Perdida was the most important urban centre of the ancient Tayrona culture. The city, a true feat of engineering, was built on a system of terraces connected by stone paths and supported by a canal circuit. At the time, the population was between 1,400 and 3,000 and they lived in circular stone houses with thatched roofs on about 250 terraces. Today's inhabitants, such as the Kogui, Arhuaca and Wiwa, are descendants of the Tayrona and continue to preserve their traditions.

## ITINERARY

### DAY 1: The Regio Mamey

Departure from Santa Marta and Tayrona National Park by 4X4 to Machete Pelao (3h). Walk through the region of Mamey (4h). Visit and swim in a waterfall. Dinner and overnight in hammocks at Adam or Alfredo's farm.

### DAY 2: Mutanyi and Buritaca River

Walk along the Buritaca's River valley (4h) until the second camp through Buritaca River Valley and the indigenous people of Mutanyi. Bathing in a natural Buritaca River pool. Dinner and overnight in hammocks at Gabriel's farm.

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## DAY 3: Koskunguena y El Rio Buritaca

Walk along Indian trails crossing the Buritaca River several times until reaching the camp of Mamo (spiritual leader) Kogui of the Lost City (6h). Lunch, bathing in the river and waterfalls of Buritaca. Overnight in hammocks at Mamo Romualdo's farm.

## DAY 4: Lost City


Walk to the entrance of Ciudad Perdida and walk up 1200 steps to reach the terraces Tayrona (1.30h). Visit the archaeological site of Ciudad Perdida and the Pozo de la Juventud (Well of Youth). Lunch, rest and return to Mamo's farm (1h). Dinner and overnight in hammocks at Mamo Romualdo's farm.

## DAY 5: Buritaca River and Indian trails

Walk back along the Buritaca River and Indian trails (5h). Bathe in the natural river pools of Buritaca. Dinner and overnight in a hammock at the indigenous Arsario farm.

## DAY 6: Santa Marta

Walk back to Mamey region until Honduras and Machete Pelao. (5h) Lunch and departure by 4X4 to Santa Marta or Tayrona National Park.


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## INCLUSIONS & DETAILS

<b>Accommodation</b>	Hammocks
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<b>Inclusions</b>	<ul style="list-style-type: none"> <li>• Transportation 4X4 Santa Marta - El Mamey - Santa Marta</li> <li>• Accommodation in hammocks with mosquito nets</li> <li>• All meals (breakfast, lunch and dinner) and fruit</li> <li>• Entrance to the Archaeological Park of the Lost City</li> <li>• Contributions to the farming and indigenous community</li> <li>• Expert local guide in the area, cook and porters</li> <li>• Travel insurance</li> </ul> <p>Not included:</p> <ul style="list-style-type: none"> <li>• Expenses not specified in the program</li> <li>• International flights</li> </ul>
<b>Difficulty Rating</b>	2 (average fitness required)
<b>Single Surcharge</b>	Available upon request
<b>Notes</b>	Group departures are guaranteed with a minimum of 4 passengers only. Smaller groups are subject to confirmation. Contact us for more details
<b>Price Dependent upon</b>	Season and availability

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## SUSTAINABILITY

Chimu Adventures undertakes a number of sustainability measures within its operations including:

- 1) Only using local guides and office staff to both maximise local employment opportunities and minimise carbon footprints. Local guides also ensure you benefit from the intimate knowledge, passion and culture of the country you're visiting.
- 2) Where possible, using locally owned and operated boutique hotels to maximise the return to the local community.
- 3) Chimu's "Pass it on" programme has provided funding to hundreds of local community projects in Latin America. Our aim is to empower local communities, helping them to develop their own infrastructure for the future. Since 2006, we have been working with Kiva (a well-known Non-Governmental Organisation), providing hundreds of loans to local businesses all over South America.
- 4) In our pre tour information we provide a range of tips and advice on how to minimise your impact on both local environments and communities.
- 5) Chimu Adventures' offices also take a number of sustainability measures including carbon offsets for company vehicles and most staff travel. Chimu Adventure's internal processes are also structured to create a paperless office and to reduce waste. There are also internal programmes to help staff minimise their carbon footprint such as our staff bike purchase assistance plan which encourages office staff to commute to work via

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bicycle. Currently almost half of our office based staff commute to work via bicycle.

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